



TARLAC STATE UNIVERSITY

VANTAGE

OFFICE OF UNIVERSITY EXTENSION SERVICES

Issue No. 03 August 2023 OUES QUARTERLY BULLETIN ISSN 2984 - 8938



AT A GLANCE



243 EXTENSION PROJECTS
ACCOMPLISHED
AS OF 3RD QUARTER



CASS PROVIDES SCHOOL MATERIALS FOR DHS LEARNERS

• Ms. Carmela Jane Paragas | CASS

With the objective of cultivating community collaboration and harmony among Dueg High School residents, the College of Arts and Social Sciences (CASS) delivered school materials to the senior high school students of Sitio Dueg, Maasin, San Clemente, Tarlac, through an outreach program on September 25, 2023.

Faculty Members of the AB English Language Studies and General Education Social Science supported the undertaking for the residents and learners of Sitio Dueg.

Situated approximately 17 kilometers from the main town of San Clemente, Site Dueg is designated as one of the last-mile schools in the Division of Tarlac Province. The location poses challenges, accessible only by private or government vehicles due to the lack of public transportation.

With the assistance of the Honorable Mayor Elma L. Macadamia, faculty members from the CASS utilized the municipal vehicle for the outreach activity, overcoming uneven and impassable roads for the provision of the school materials among learners in the identified community.

“Masaya po sa pakiramdam at may mga ganito pong activity na nakakapagbigay saya din sa mga studyante dito sa Dueg High School. Karamihan po talaga sa kanila ay gustung magtapos ng College pero dahil po sa kahirapan ang iba po ay nag-aasawa na lamang.” shared Mr. Ronnel G. Geronimo, teacher at Dueg High School, during the interview.

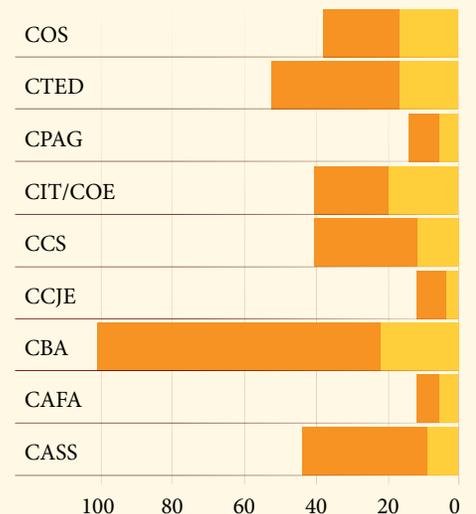
Additionally, the TSU team carried out planned activities, including tree planting, distributing school materials, and a feeding program.

VANTAGE POINT

OFFICE OF UNIVERSITY EXTENSION TARGETS FOR THE YEAR 2023

THIRD QUARTER ACCOMPLISHMENT

■ Targets ■ Accomplished



CCJE JOIN TOGETHER FOR BRIGADA ESKWELA, FORGES MOA WITH BBHS

• Ms. Sunshine B. Paras | CCJE

In a strong commitment to community development, fourth-year students from the Tarlac State University-College of Criminal Justice Education (CCJE) dedicated their efforts for the assistance to the Brigada Eskwela 2023: Bayanihan Para sa Matatag na Paaralan initiative at Baras-Baras High School (BBHS) from August 16-18, 2023.

This extension activity underscores the shared responsibility among educators, administrators, and students in shaping a conducive learning environment which was contributed on by the CCJE faculty members and students.

Key faculty members from CCJE through the leadership of the CCJE Dean Dr. Roel R. Alviar along with Dr. Lian Carla C. Luzong, Atty. Theodore M. Timpac, Dr. Jayson R. Felix, Dr. Ramil M. Las-Igan, Atty. Luisito L. Pasigon, Ms. Girlie L. Bautista,

Ms. Jelly Ann V. Mercado, Mr. Francis D. Bicoy, Mr. Jairus C. Soriano, and Ms. Marie Fe F. Buscayno, head of CCJE Extension Department collectively made the extension activity successful.

The brigada eskwela activity entailed the participation of the CCJE faculty and students on tasks such as organizing spaces, arranging the library, cleaning classrooms and restrooms, and decluttering.

Prior the conduct of the activities, a formal signing of the Memorandum of Agreement between TSU-CCJE and BBHS which was attended by Dr. Alviar and BBHS' principal; Mr. Mamerto L. Ragel and was

formally witnessed by Ms. Buscayno and Mr. Carl M. Fuloso, BBHS Focal Person.

This symbolic act signifies a dedicated commitment to collaborative initiatives, mutually enriching the educational journey for both institutions and emphasizing the importance of collective support in cultivating a comprehensive learning environment.

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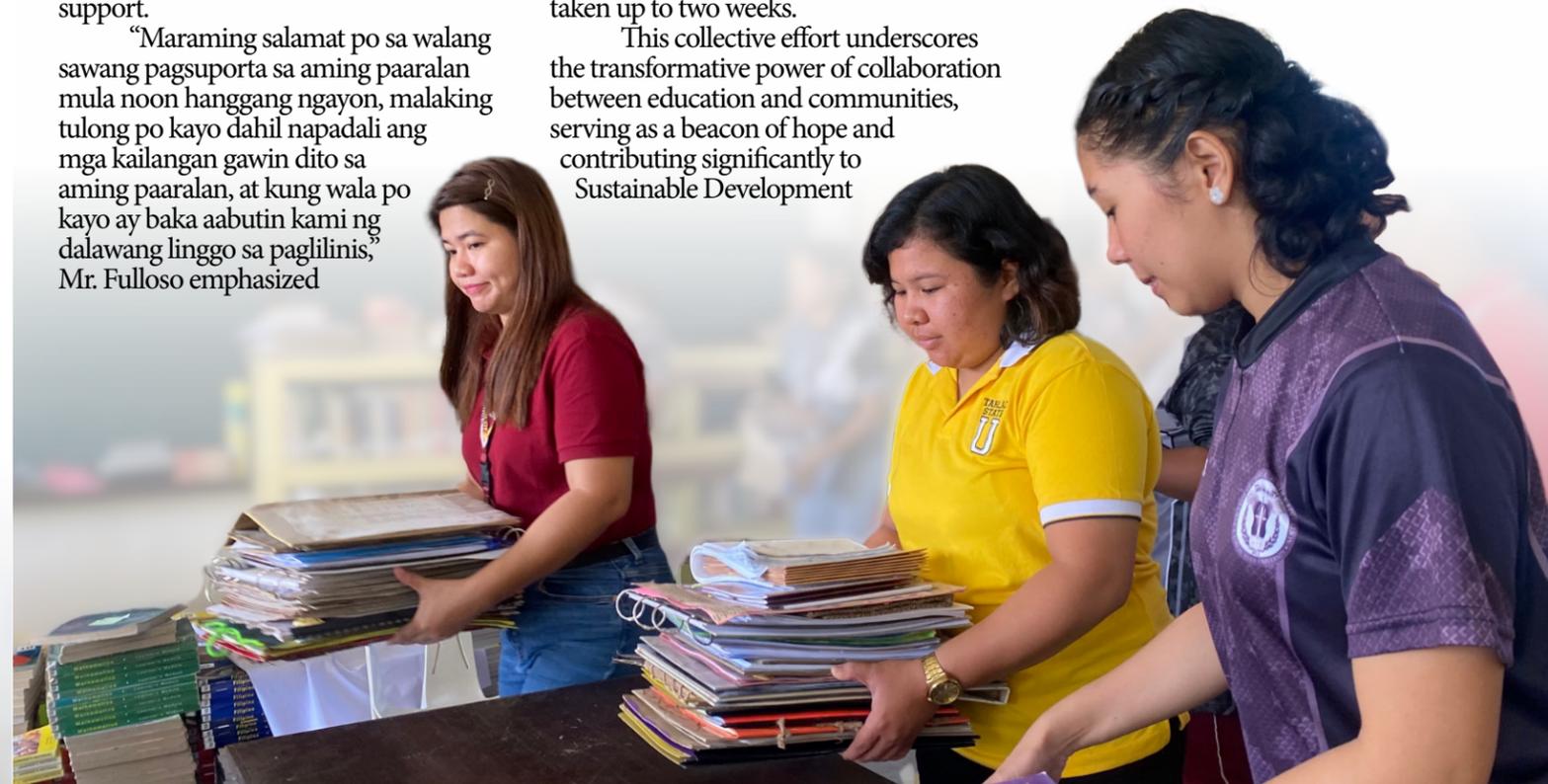
On the final day of Brigada Eskwela, Mr. Fuloso gathered the TSU-CCJE team to express gratitude where he conveyed the profound impact of their support.

“Maraming salamat po sa walang sawang pagsuporta sa aming paaralan mula noon hanggang ngayon, malaking tulong po kayo dahil napadali ang mga kailangan gawin dito sa aming paaralan, at kung wala po kayo ay baka aabutin kami ng dalawang linggo sa paglilinis,” Mr. Fuloso emphasized

regarding the invaluable assistance in streamlining essential tasks at the school and acknowledging that without their support, the cleaning process might have taken up to two weeks.

This collective effort underscores the transformative power of collaboration between education and communities, serving as a beacon of hope and contributing significantly to Sustainable Development

Goals 3 and 4. It establishes a foundation for a brighter future, where education becomes a potent force for positive change.



CIT ENSURES SAFETY, EFFICIENCY OF BARANGAY BALITE'S SOYA MILK EXTRACTOR

• Mr. Roberto D. Santiago Jr | CIT

The College of Industrial Technology College Extension Department Head Prof. Erwin Sibal along with Prof. Ray Vincent Sarabia have provided a technical consultancy with the Balite Women's Group of Pura, Tarlac for their Soya Milk Extractor, August 23, 2023.

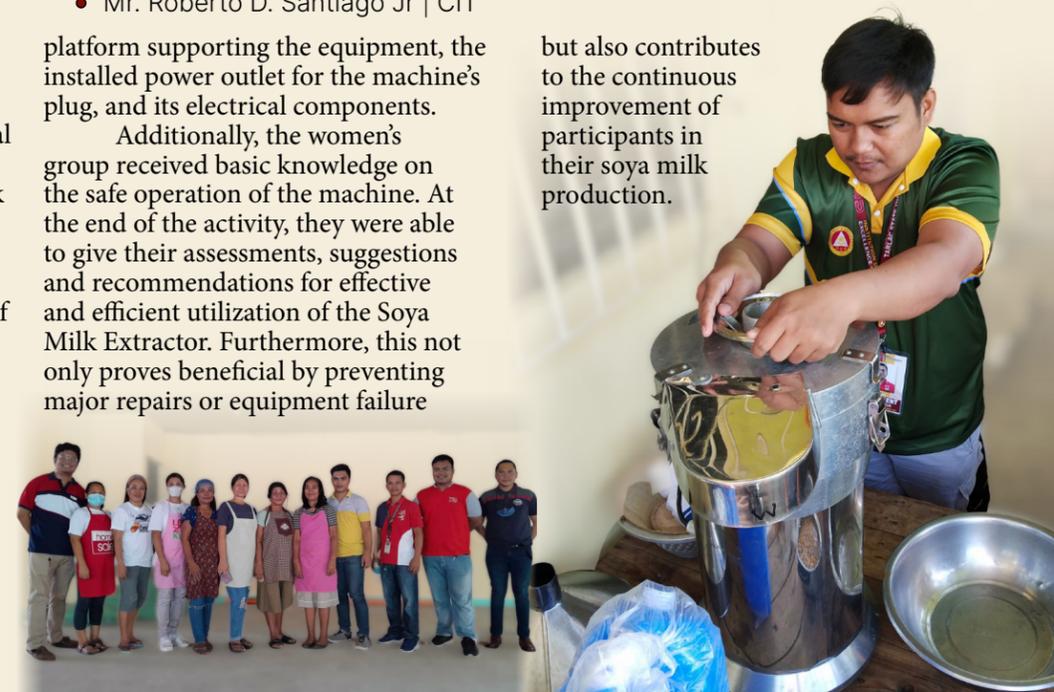
The Soya Milk Extractor was initially donated by the Local Government of Pura, Tarlac in support of their livelihood program prompting the extension service that has necessitated the assistance of the faculty experts in evaluating the optimal functionality and safety of the equipment.

Prof. Sibal and Prof. Sarabia conducted a comprehensive observation and analysis of the machine's performance in operation, meticulously examining each part and its mechanism. Their inspection also extended to the

platform supporting the equipment, the installed power outlet for the machine's plug, and its electrical components.

Additionally, the women's group received basic knowledge on the safe operation of the machine. At the end of the activity, they were able to give their assessments, suggestions and recommendations for effective and efficient utilization of the Soya Milk Extractor. Furthermore, this not only proves beneficial by preventing major repairs or equipment failure

but also contributes to the continuous improvement of participants in their soya milk production.



TARLAC CITY UNVEILS PATH TO DIGITAL EXCELLENCE

• Dr. Marlon V. Gamido | CCS

Following the City Government of Tarlac's initiative to expedite digital transformation and in securing a position among the 25 digital cities in 2025, Dr. Marlon V. Gamido of the College of Computer Studies has facilitated the SWOT and Gap Analysis sessions during a two-day workshop in Bagac, Bataan on September 12 and 13, 2023.

The Tarlac City SWOT, Gap Analysis, and Implementation Plan Workshop helped open constructive dialogue, collaboration, and strategic planning which are expected to contribute to Tarlac City's digital transformation roadmap, positioning it as a frontrunner in the landscape of the Philippines.

Mr. Edwin G. Mendoza, provincial head of the Department of Information and Communications Technology (DICT) Tarlac Provincial Office, emphasized the workshop's significance in Tarlac City's journey towards becoming a Digital City which was resonated by Hon. Maria

Cristina Cuello Angeles, Tarlac City mayor, who expressed her support underscoring the city's commitment to embracing technology for progress.

Moreover, the heart of the event was the Digital Cities Program Presentation by the ICT Industry Development Bureau of DICT Region 3 which shed light on the program's objectives and potential impact on Tarlac City's digital landscape.

Following Dr. Gamido's service to the City's initiative, the critical exercises targeted strengths, weaknesses, opportunities, and threats in the Digital Cities areas: talents, infrastructure, cost of doing business, and the business environment. Participants engaged in productive discussions and collaborative problem-solving, fostering a holistic understanding of Tarlac City's ecosystem.

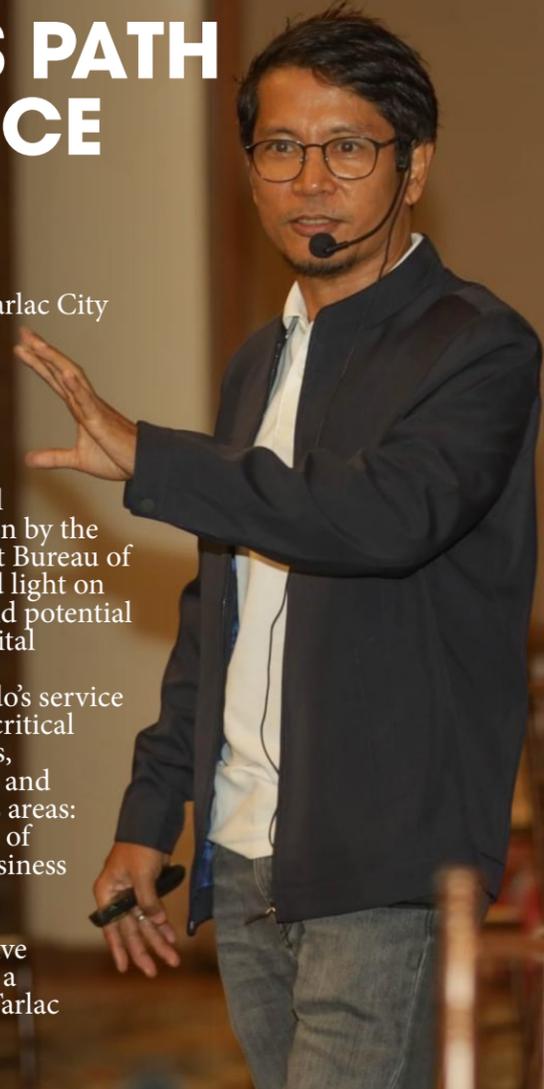
Representatives from Talent, Infrastructure and Cost, and Business Environment categories presented their findings from the SWOT and Gap Analysis sessions, laying the foundation for subsequent development of strategic and implementation plans that encompassed a range of initiatives, from digital skills development to infrastructure enhancement.

Guided by Dr. Gamido's expertise,

participants focused on crafting the Implementation Plan through intensive brainstorming, group discussions, and formulating concrete action plans to propel Tarlac City into a digital hub, concluding the workshop.

Dr. Marlon V. Gamido wrapped up the event by summarizing key takeaways and highlighting the importance of continued collaboration among all stakeholders to realize the city's digital vision.

This completed extension activity of the College of Computer Studies contributes to Goals 4, 8, 9, 11, and 11 of the Sustainable Development Goal (SDG). It encourages lifelong learning opportunities as a strong partnership between Tarlac City and TSU.



PUP-OU, TSU-CASS EXTEND EDUCATIONAL SUPPORT TO IP'S IN CAPAS

• Mr. Derich D. Bognot | CASS

Anchoring on the Educational Communication Development in the region, the Tarlac State University – College of Arts and Social Sciences (TSU-CASS) in partnership with the Polytechnic University of the Philippines – Open University (PUP-OU) successfully implemented an extension project titled "AOUS ning Cabiayan King Bueno Capas; Pamilyang Aeta, Kayabe Ra Ka," October 8, 2023.

The said project is a joint initiative aimed at providing educational opportunities and support to the IPs residing in Bueno Capas, Tarlac. With a commitment to uplift the lives of this indigenous group, the program focuses on fostering holistic development, enhancing their knowledge on hygiene and sanitation, disaster risk management, and effective community management.

Furthermore, the program extended its impact by generously distributing

personal hygiene kits, clothing, books, and toys, graciously contributed by benefactors and various donors.

The activity was attended by PUP-OU Master in Communication Students, faculty extensionists from the TSU-CASS Department of Communication and General Education, and select members of the TSU Communicators' Guild. Additionally, community leaders and barangay officials were present to lend their support and witness the positive impact of this collaborative effort.

The project signifies the importance of community engagement and partnership between educational institutions and local communities. It not only aims to provide access to education but also empowers the IPs with valuable knowledge and skills to improve their quality of life and resilience in the face of various challenges.



AB PSYCH DEPT, COESSE CONDUCT SEMINAR, OUTREACH ACTIVITY WITH AMOR VILLAGE

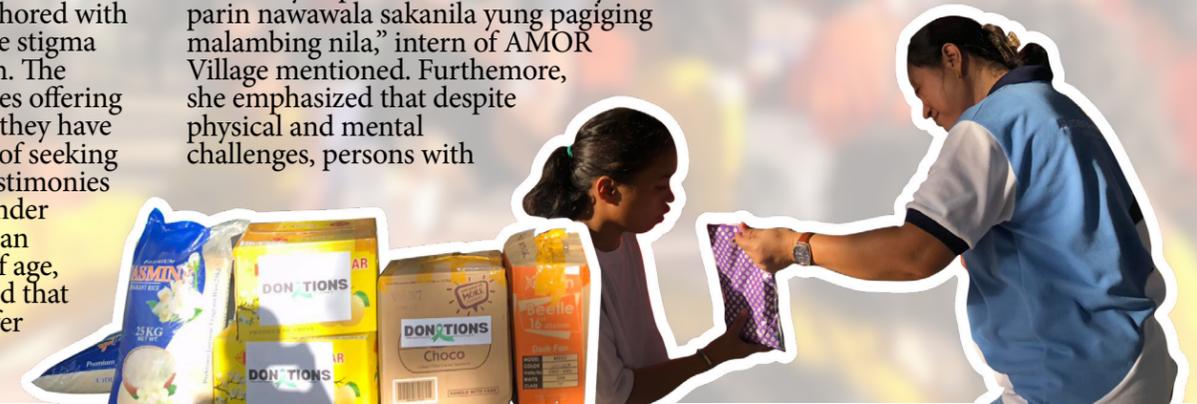
• Ms. Carmela Jane Paragas | CASS

The College of Arts and Social Sciences (CASS) through the collaborative efforts of the AB Psychology Department and COESSE Officers and students ventured to provide seminar and an outreach program with the Amor Village, October 18.

The activity was anchored with the objective to address the stigma surrounding mental health. The speakers shared their stories offering insights into the struggles they have faced and the importance of seeking help and support. Their testimonies served as a powerful reminder that mental health issues can affect anyone, regardless of age, gender, or background, and that no one should have to suffer in silence.

"As a social worker intern, kahit na kami ay na-orient sa lugar na mapupuntahan naming, sobra parin po akong na-shock na dito ako napunta pero madami po akong natutunan noong andito na po ako. Sobra pong saya manatili dito dahil kahit may kapansanan sila mentally, di parin nawawala sakanila yung pagiging malambing nila," intern of AMOR Village mentioned. Furthermore, she emphasized that despite physical and mental challenges, persons with

disabilities (PWDs) are privileged to reside in the village because the head and staff are hands-on in meeting their needs and ensuring their rights despite physical and mental challenges, persons with disabilities (PWDs) appreciate what they have.



CPAG ENHANCES SAN JOSE'S ECO-TOURISM, CONDUCTS STRATEGIC PLANNING SEMINAR

• Ms. Dianne M. Llorca | CPAG

To augment strategic eco-tourism management for local government officials in the Municipality of San Jose, the College of Public Administration and Governance (CPAG), in conjunction with Dr. Myrna Q. Mallari, the former president of Tarlac State University (TSU), and her Doctor of Public Administration (DPA) students, held a strategic planning seminar-workshop on August 3, 2023, at the San Jose, Tarlac municipal hall.

The extension activity aims to empower LGU-San Jose officials in formulating a strategic plan for responsible and sustainable eco-tourism. Balancing environmental preservation, cultural sensitivity, and community well-being is crucial. DPA students, acting as resource speakers, shared insights and strategic planning expertise, based on their observations and proposed framework developed during a preliminary visit to San Jose's ecological sites.

In the workshop, a thorough SWOC (Strengths, Weaknesses, Opportunities, and Challenges) analysis was conducted where the participants actively shared perspectives and concerns about their municipality.

Notable strengths include the municipality's pivotal role as a watershed supplying 80% of the province's water and a 5,000-hectare protected area with nine Indigenous Peoples communities, overseen by a proficiently managed Protected Area Management Board (PAMB).

However, due to some conservatism, the municipality lacks a concrete tourism policy and hesitates to promote its own attributes which was reflected in

the absence of support for IPs and a declining agricultural community pose challenges.

Meanwhile, actionable points include pursuing national programs for ecological policies, establishing a community college, coordinating with the NCIP for the registration of unregistered IP communities, and adopting solar-powered vehicles to mitigate emissions.

Furthermore, challenges highlighted encompass the formulation of include formulating environmental and ecological policies, responsibly selling lands within IPs' ancestral domains, and conserving the mountain ecosystem while prudently utilizing available resources.

“Nararapat na tayo ay magkaroon ng mga mabisang plano ukol sa paano natin maipapabuti at mapapalaganap ang sektor ng ekoturismo dito sa ating lokalidad. It is a crucial step to preserve our environment's beauty and nature while strengthening our economy”

Dr. Mallari explained.

Concluding the event, Dr. Myrna Q. Mallari shared on strategic planning, offering insights and proposing optimal courses of action derived from the SWOC analysis. Recommendations include fostering partnerships with diverse industries and agencies, with CPAG as a valuable consultant. Dr. Patricia Ann D. Estrada, CPAG's DPA chairperson, expressed dedication in arranging a separate meeting with the municipality's planning officer and other officials.

This initiative garnered positive feedback from the representatives of the Municipality of San Jose, Tarlac, who appreciated CPAG's eagerness to engage in community development. They noted the potential positive impact of this collaboration.

“It's heartening to witness such dedication and enthusiasm for community development. We look forward to the progress that will emerge from these collaborations,” Dr. Estrada expressed her commendations during the activity.

The concluded extension activity aligns with Sustainable Development Goals (SDG), notably emphasizing SDG 4: Ensuring Quality Education and SDG 15: Preserving Life on Land. The initiative empowers LGU officials to formulate policies for safeguarding mountain ecosystems, promoting sustainable development. Additionally, it aims to integrate principles of ecosystem and biodiversity conservation into municipality's local planning, development procedures, poverty alleviation strategies, and comprehensive assessments.



CIT FACULTY GUARANTEES DEHYDRATOR SAFETY FOR SENIOR CITIZEN'S LIVELIHOOD PROGRAM

• Mr. Roberto D. Santiago Jr. | CIT

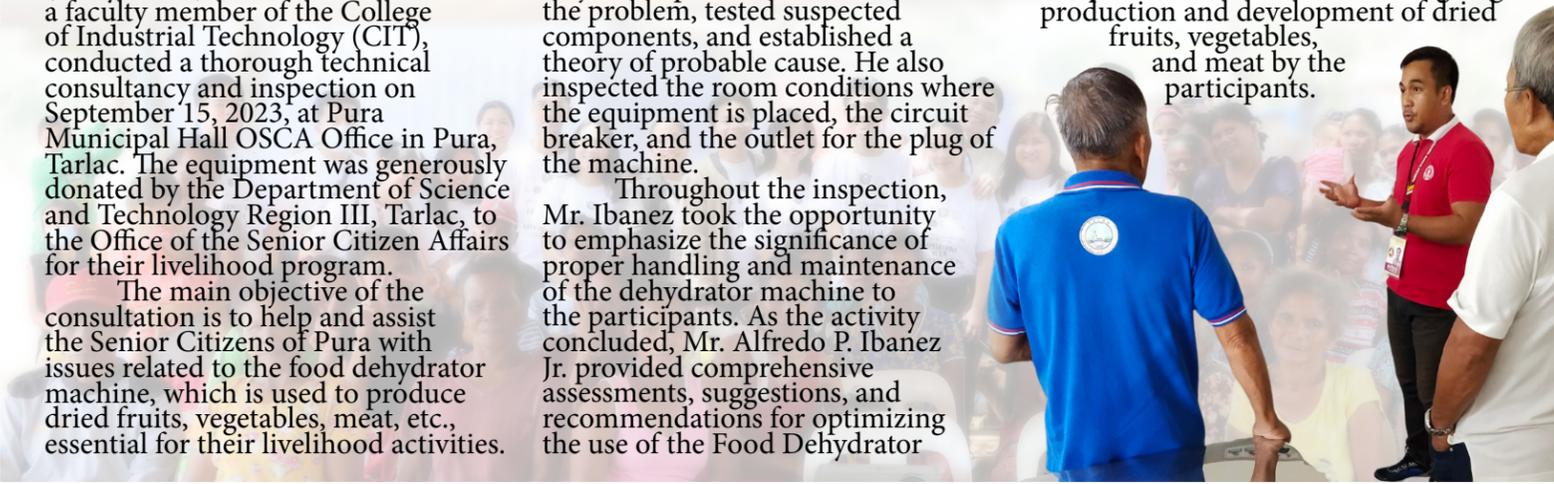
To ensure the seamless operation and safety of the Dryer Machine (Dehydrator), Mr. Alfredo P. Ibanez, a faculty member of the College of Industrial Technology (CIT), conducted a thorough technical consultancy and inspection on September 15, 2023, at Pura Municipal Hall OSCA Office in Pura, Tarlac. The equipment was generously donated by the Department of Science and Technology Region III, Tarlac, to the Office of the Senior Citizen Affairs for their livelihood program.

The main objective of the consultation is to help and assist the Senior Citizens of Pura with issues related to the food dehydrator machine, which is used to produce dried fruits, vegetables, meat, etc., essential for their livelihood activities.

Mr. Ibanez studied the functions and operation of the equipment's major components, troubleshooted the problem, tested suspected components, and established a theory of probable cause. He also inspected the room conditions where the equipment is placed, the circuit breaker, and the outlet for the plug of the machine.

Throughout the inspection, Mr. Ibanez took the opportunity to emphasize the significance of proper handling and maintenance of the dehydrator machine to the participants. As the activity concluded, Mr. Alfredo P. Ibanez Jr. provided comprehensive assessments, suggestions, and recommendations for optimizing the use of the Food Dehydrator

Machine. This aids in preventing major repairs, extends equipment lifespan, and is crucial for the ongoing production and development of dried fruits, vegetables, and meat by the participants.



EMPOWERING WOMEN: CCJE EDUCATES POBLACION H ON VAWC

• Ms. Sunshine B. Paras | CCJE

Embarking on a transformative journey within Brgy. Poblacion H in Camiling, Tarlac, the College of Criminal Justice Education (CCJE) initiated a seminar as part delving into the details of the Anti-Violence Against Women and Children Act of 2004 (VAWC) core to the college's commitment to the community's well-being in their long-term project.

Highlighted in the conducted seminar by the CCJE was the Republic Act 9262, or the Anti-Violence Against Women and Their Children (VAWC) Act of 2004, is a Philippine law aimed at safeguarding women and children from

diverse forms of abuse, offering legal measures and support services to victims.

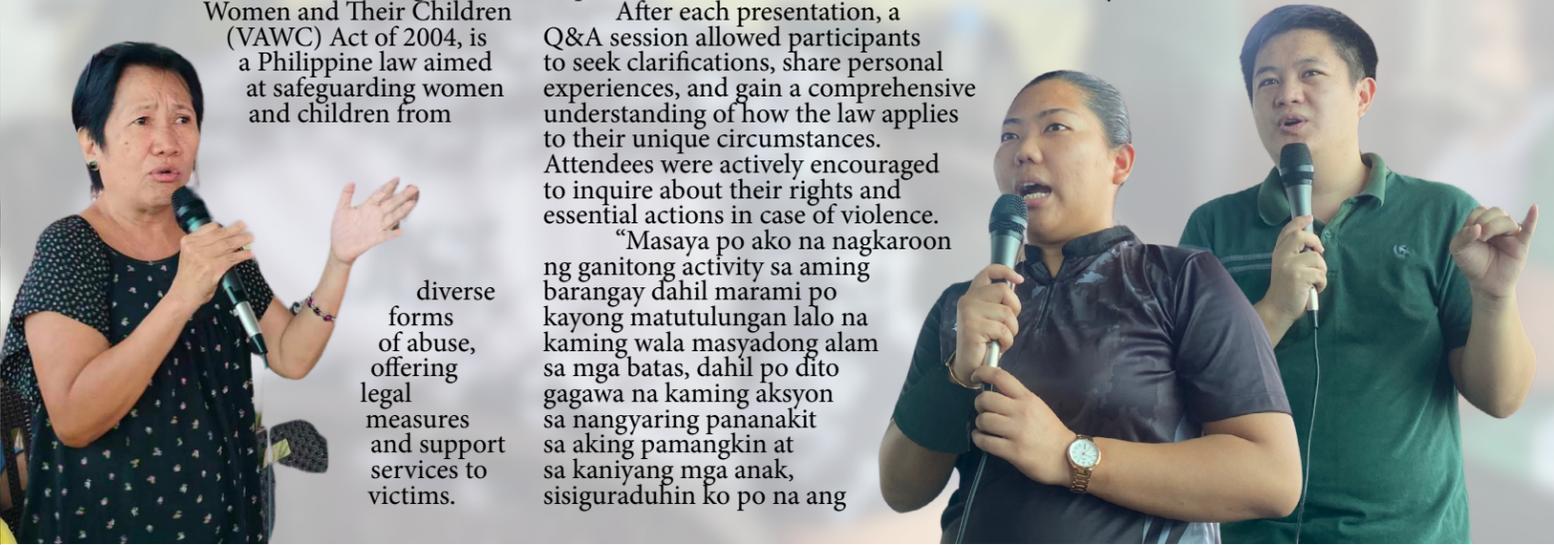
Dr. Ramil M. Las-Igan, the component project head, covered the crucial components of R.A. 9262, focusing on Sections 1 to 15. Meanwhile, Dr. Lian Carla C. Luzong, then addressed Sections 16 to 31, exploring legal remedies and law enforcement obligations. Ms. Marie Fe F. Buscayno, the overall project head, further shared insights into Sections 31 to 50, explaining protection orders and legal steps for their acquisition.

After each presentation, a Q&A session allowed participants to seek clarifications, share personal experiences, and gain a comprehensive understanding of how the law applies to their unique circumstances. Attendees were actively encouraged to inquire about their rights and essential actions in case of violence.

“Masaya po ako na nagkaroon ng ganitong activity sa aming barangay dahil marami po kayong matutulongan lalo na kaming wala masyadong alam sa mga batas, dahil po dito gagawa na kaming aksyon sa nangyaring pananakit sa aking pamangkin at sa kaniyang mga anak, sisiguraduhin ko po na ang

mga nalaman ko dito sa seminar na ito ay aming magagamit kaagapay ng aming mga barangay officials” Lola Virgie, a 69 year-old participant of the seminar, said.

The seminar significantly advanced Sustainable Development Goal 16 by spreading essential knowledge on R.A. 9262, empowering individuals, and creating a platform for community members to understand their rights, thereby promoting a safer and fairer society.



CAFA ORGANIZES SEMINAR FOR ALE TAKERS

Ms. Lalaine Rose F. Santos | CAFA

Through the Project Buklat: Continuing Educational Programs for the Aspirants for the Architecture Profession, the College of Architecture and Fine Arts implemented a Logbook Filing Seminar for the Architecture Licensure Examination participants, August 19.

The seminar aimed to help examiners through exam preparation and to foster prolific and productive architectural practice.

In line with the Republic Act No. 9266, also known as "The Architecture Act of 2004," candidates for architecture licensure examination are required to have a certified record of at least two (2) years or equivalent of diversified architectural experience

which is duly certified by a registered or licensed architect. Furthermore, the Logbook of Diversified Experience in Architecture is a requirement for admission to the licensure examination for architecture.

In collaboration with the United Architects of the Philippines Graduate Auxiliary - Tarlac Chapter and the ALE Support Group led by Through the Project Buklat: Continuing Educational Programs for the Aspirants for the Architecture Profession, the College of Architecture and Fine Arts implemented a Logbook Filing Seminar for the Architecture Licensure Examination participants, August 19.

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In collaboration with the United Architects of the Philippines Graduate Auxiliary - Tarlac Chapter and the ALE Support Group led by CAFA alumni, CAFA successfully has undertaken the activity for its graduates for the said licensure examination.

Renowned speakers and architects attended this year's Logbook Filing Seminar with ALE Support Group headed by alumni Ar. Harold



Hilario, Ar. Nikko Andrada, Ar. Kristianne Tongoy, Ar. John Bryan Peralta, and Ar. Sheena Hugo. They have imparted their review experiences, understanding, tips and tricks on reviewing with the examinees.

Meanwhile, the resource speakers also demonstrated the correct procedures for filling out the Logbook on Diversified Experience in Architecture (DEA).

The extension activity concluded successfully, with registered participants receiving complimentary ALE review guides created by the ALE Support Group. This event marked the beginning of the 4th series of ALE In-House Reviews conducted by CAFA Expert Service Providers for aspiring ALE takers.

The extension project aligns with Sustainable Development Goals (SDG), notably SDG 4: Quality Education and SDG 8: Decent Work and Economic Growth, by providing quality education, human capacity development, and economic growth.



CCJE EMPOWERS CAMILEÑOS WITH KATARUNGANG PAMBARANGAY LAW SEMINAR

Ms. Sunshine B. Paras | CCJE

Striving to enhance community-based conflict resolution and promote peace and harmony at the grassroots level, the College of Criminal Justice Education (CCJE) organized a seminar on the Katarungang Pambarangay Law as a component of the ongoing Project LIGTASS or the Localized Innovation Geared Towards Addressing Security and Safety in Barangay Poblacion H, Camiling, Tarlac, on September 8, 2023.

CCJE Faculty Experts Atty. Theodore M. Timpac, Dr. Jayson R. Felix, and Ms. Marie Fe F. Buscayno, shared their extensive knowledge on Katarungan Pambarangay Law during the seminar, highlighting its crucial role in resolving disputes and conflicts within local communities.

The Katarungang Pambarangay Law (PD 1508, Sections 1-19) is cornerstone of community-based conflict resolution in the Philippines. Atty. Theodore M. Timpac, discussed the PD 1508, Sections 1-6, emphasizing its foundational principles. He stressed its role in fostering peace at the barangay level through mediation and reconciliation, urging parties to seek amicable resolutions and avoid costly and time consuming litigation.

Meanwhile, Dr. Jayson R. Felix delved into PD 1508 Sections 7-12, emphasizing the important role of the Lupong Tagapamayapa in facilitating resolutions. He highlighted the importance of well-trained barangay officials and their mediation skills in ensuring the efficacy of the Katarungang Pambarangay process, underscoring how the law fosters both dispute resolution and community unity.

The seminar

concluded with Ms. Marie Fe F. Buscayno discussing PD 1508 Sections 13-19. She clarified the legal implications when parties refuse to participate in the Katarungang Pambarangay proceedings, emphasizing compliance with the law and the barangay justice system. Her overview emphasized that the Katarungang Pambarangay Law is a vital legal framework deserving respect and recognition.

Consequently upon significant discussions on the aforementioned law, a resident from Barangay Poblacion H consulted Atty. Timpac about her son's legal matter, illustrating the immediate applicability of the seminar's knowledge.

"Salamat po Atty. Timpac dahil sa inyo po naliwanagan ako tungkol sa kaso ng aking anak, nagkaroon po ulit ako ng pag-asa na makakamit pa ang hustisya sa pagkamatay ng aking anak" she expressed her gratitude.

The CCJE seminar substantially contributed to the attainment of Sustainable Development Goal 16, emphasizing the crucial role of community-based legal frameworks in advancing global objectives for Peace, Justice, and Strong Institutions.



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CCS CAPACITATES GERONA LGU ON COMPUTER MAINTENANCE, TROUBLESHOOTING ESSENTIALS

• Dr. Marlon V. Gamido | CCS

With the aim of enhancing technological proficiency of employees, the Advancing Technology and Advancing Governance Extension Team from the College of Computer Studies, led by Dr. Marlon V. Gamido, extended expert service for the Local Government Unit (LGU) of Gerona's Human Resources Development Office and Management Information Systems Office through a one-day training on Basic Computer Maintenance and Troubleshooting on July 20, 2023.

The training aimed at equipping LGU Gerona staff with essential knowledge to improve their computer literacy, problem-solving capabilities and skills for routine computer maintenance and basic software and hardware issue resolution.

The comprehensive training covered key aspects of computer maintenance and troubleshooting, introducing participants to the significance of these practices and providing an overview of common computer issues. Additionally, Hon. Eloy C. Eclar, mayor of Gerona, encouraged participants to share gained knowledge with their fellow colleagues, enhancing the LGU's services.

Meanwhile, Dr. Heidilyn V. Gamido, an expert service provider from CCS, assisted by Prof. Valarie D. Simbol, led the Computer Hardware Overview session in the comprehensive training, covering key aspects of computer maintenance, troubleshooting, and introducing participants to their significance and common issues.

Throughout the morning session, participants delved into Preventive Maintenance, a critical aspect for computer durability and optimal performance. Mr. Dennis Y. Virtudazo emphasized the importance of regular maintenance, shared effective cleaning techniques, and safe handling practices for computer equipment.

Moreover, the afternoon sessions focused on Software Maintenance and Troubleshooting Techniques. Mr. Virtudazo assisted by Prof. Jerome Legaspi, further identified the common computer problems and honed their troubleshooting skills for software and hardware issues.

For LGU Gerona and similar organizations, network connectivity is crucial. Dr. Edjie Delos Reyes and Dr. Marlon V. Gamido led a session on Troubleshooting Network Connections, empowering participants to identify and resolve both wired and wireless connectivity issues. The training also addressed computer security and virus protection, providing insight into safeguarding systems from malware and demonstrating basic security enhancements.

A training highlight was the hands-on Practical Exercises and Skills Assessment. Participants applied new knowledge and skills in computer maintenance and troubleshooting

scenarios, deepening their understanding of covered concepts.

"The speakers for all the training sessions spoke eloquently, and the pragmatic approach they brought was awesome. I understood everything taught in all the sessions. What I acquired from the training exceeded my expectations. What I learned was very beneficial. I am looking forward to the next seminar. Thank you and more power." Avegyn Millado, an employee and participant, mentioned.

Michelle Alonzo, from the BPLO, also shared her evaluation comment, "Magagaling po ang mga trainers. Naipaliwanag pong mabuti ang bawat topic. Na-refresh po ang ulit ang utak ko."

The collaboration between showcased a partnership enhancing the technological competence of the local workforce. Participants left with confidence in handling computer maintenance and troubleshooting, expected to improve efficiency and productivity within the LGU Gerona workforce.

With the program's success, CCS and Gerona LGU are optimistic about future sessions, contributing to SDG Goals 08, 09, 10, and 17. The activity encourages lifelong learning and strengthens the partnership between LGU Gerona and TSU.



CPAG CONDUCTS GAD TRAINING, WORKSHOP FOR ARANGUREN INTEGRATED SCHOOL

• Ms. Dianne M. Llorca | CPAG

As part of the Gender and Development Training program at Aranguren Integrated School-High School Department, the College of Public Administration and Governance (CPAG) conducted lectures and workshops on July 18, 2023, focusing on RA No. 11313 and RA No. 6713.

Republic Act No. 11313, commonly known as the Safe Spaces Act, is a crucial legislation designed to prevent gender-based sexual harassment in public spaces, workplaces, educational institutions, and digital platforms. Enacted on April 17, 2019, the law aims to foster a culture of respect and inclusivity,

in our society to uphold the welfare and progress of our nation."

Further, Dr. Caoleng underscored the importance of the eight norms of conduct for public officials and employees, emphasizing the priority of public interests, professionalism, fairness, political neutrality, accessibility, nationalism, democratic principles, and modest lifestyles.

Dr. Fermin discussed prohibited acts in RA 6713, emphasizing avoiding gifts, influence peddling, nepotism, and conflicts of interest.

and awareness to promote gender sensitivity and combat harassment.

The discussions led by CPAG experts emphasize the importance of upholding ethical conduct and advocating for safe, inclusive spaces—a crucial step towards realizing a society free from harassment and ensuring gender equality. The recently concluded extension activity proved highly successful, offering a mix of engaging lectures, interactive workshops, and insightful videos. Participants visibly enthusiastic and actively involved, willingly shared their thoughts and experiences.

The event highlighted fostering safe environments and ethical conduct in government service,



perpetrators accountable, and offer robust support to victims. It strives to establish safe environments irrespective of gender identity or orientation.

In a recent session, CPAG experts—Dr. Edwin T. Caoleng, Dr. Roswald G. Fermin, Dr. Patricia Ann D. Estrada, and Ms. Izelle C. Francisco—shared insights on RA 11313 and engaged in discussions about RA 6713, the Code of Conduct and Ethical Standards for Public Officials and Employees.

Dr. Caoleng initiated the conversation by elaborating on the core principle that "public office is a public trust," outlined in Article XI, Section 1 of the Philippine Constitution and reiterated in RA 6713. He stressed that public employees should prioritize the people's welfare over personal interests, advocating for ethical conduct and government transparency. Dr. Caoleng highlighted, "It is expected that this principle remains a fundamental value

“
Ang pagiging responsible bilang mga empleyado ay nagbibigay-daan sa ating tagumpay. Kaya't huwag nating pabayaang ang ating tungkulin at ganoon din sa mga nakatataas,
 ”

he added, underscoring the importance of upholding duties and responsibilities.

Moreover, Dr. Estrada and Ms. Francisco jointly discussed the Safe Spaces Act, RA 11313, designed to combat gender-based sexual harassment in physical and virtual public spaces. They outlined the law's scope, harassment definition, and channels for confidentially reporting incidents, emphasizing its goal to foster safe environments and deter harassment. Offenders risk fines, community service, and imprisonment if found guilty, with the law stressing the significance of education

recognizing these as fundamental to societal progress and cohesion. Emphasizing the importance of trust, inclusivity, transparency, and sustainable development, the activity aimed to strengthen our nation's foundation, empowering it to navigate evolving challenges.

The completed extension activity strongly reinforces the global Sustainable Development Goals (SDGs), with a special focus on SDG 4: Quality Education and SDG 5: Gender Equality. The completed extension activity strongly supports SDG 4 (Quality Education) and SDG 5 (Gender Equality), with a focus on eradicating violence against women and girls. Prioritizing knowledge and skills acquisition for sustainable development encompassing education, human rights, sustainable lifestyles, gender equality, peace culture, global citizenship, and cultural appreciation. Aligning with these SDGs, the activity underscores its commitment to advancing these global initiatives.

COE CONDUCTS OUTREACH PROGRAM FOR BRGY. UNGOT

• Ms. Stephanie S. Carmen | COE

The College of Engineering has conducted a two-part outreach and extension program with their chosen beneficiary, Barangay Ungot, on August 11, 2023.

With the aim to assist and extend help to the community, COE faculty members from the Civil Engineering, Electronics Engineering, Industrial Engineering, Mechanical Engineering, and Electrical Engineering Departments collaborated in the provision and distribution of 200 food packs and in the facilitation of the feeding program with the beneficiaries.

The Faculty Volunteers, under the leadership of the Dean of COE Engr. Marie Wendy Frany, along with Engr. Susa Nina Sapad, Engr. Randy Policarpio, Engr. Charmaine Czenina Reguindin, Engr. Maan Florendo, Engr. Enalyn Domingo, Engr. Mark Benz Pineda,

Engr. Ann Jeannette Lopez, Engr. Joycelyn Cabuang, Engr. Anna Angeles, Engr. Ma. Victoria Rodriguez, Engr. Shaye Caroline Manlupig, and Engr. Angelica Pangilinan and Ms. Pinky Dela Cruz, have ensured the success of this initiative.

Meanwhile, Engr. Frany expressed her commitment for community assistance with Barangay Ungot and mentioned that this would only be the beginning towards future projects.

"Hindi po dito nagtatapos ang aming pagtulong sa inyo. Makakaasa po kayo na babalik kami dito," the dean said during her opening remarks.

Moreover, this extension activity was in collaboration with the Tamogepa Service Cooperative's members as the cooperating and funding agency.

As the activity concluded, the beneficiaries expressed their gratitude to the dedicated faculty volunteers.

This extension activity of the College of Engineering contributes to Sustainable Development Goals (SDG) 2: Zero Hunger since this activity allows the beneficiaries to improve and sustain their nutrition, food security, and health.



CPAG FACULTY MEMBERS EMPOWER DOST III'S PUBLIC SERVANTS THROUGH WEBINAR SERIES

• Ms. Dianne M. Llorca | CPAG

To support Department of Science and Technology (DOST) Region III in cultivating exceptionally capable and forward-looking public servants, College of Public Administration and Governance (CPAG) faculty experts shared their knowledge and skills during the online seminar titled "TechTIPS 008: Empowering High-Achieving and Future-Ready Public Servants" held on September 29, 2023, via Zoom.

TechTIPS, a seminar series, aims to equip public servants for future-ready excellence. Featuring distinguished speakers, Dr. Roswald G. Fermin and Dr. Patricia Ann D. Estrada, the event covers "Becoming High-performing Public Servants" and "Transforming into Future-ready Servant Heroes." Aligned with DOST's commitment to knowledge exchange, this webinar provides practical takeaways to empower participants in their roles.

"A high-performing public servant consistently delivers exceptional results while embodying the values of public service," said Dr. Fermin. This definition is important, emphasizing the importance of both results and values. Focusing solely on results, without considering the values of public service, falls short of upholding the highest standards.

It is akin to a gardener planting flower but neglecting soil maintenance and watering—the flowers may bloom for a while, but without proper care, they'll wither and die. Similarly, a public servant fixated only on results may achieve short-term success but will struggle to sustain it without upholding public service values.

Becoming an exceptional public servant benefit both society and the individual. Striving for excellence, akin to a hero, allows for a meaningful impact and provides a profound sense of purpose and

fulfillment, knowing one's work makes a difference.

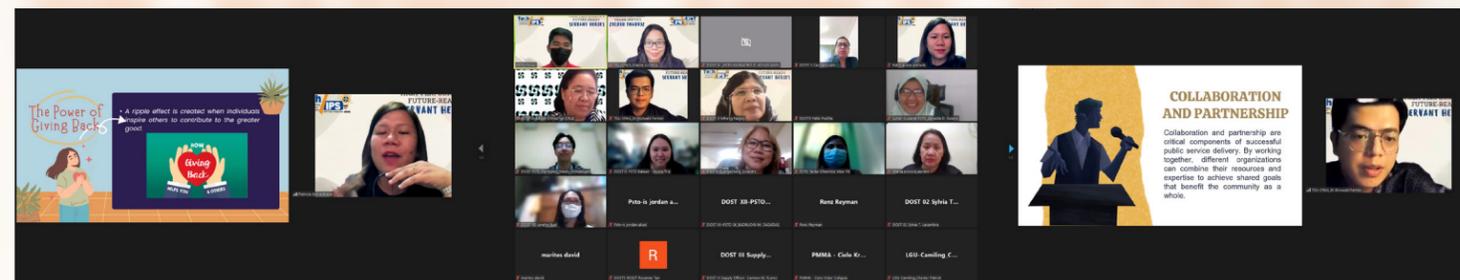
"Being a future-ready servant hero, it doesn't mean that you need to have, or you need to provide a lot of things, or you need a lot of things, per se. A simple action po can make a big impact in the community...Malaki man yan o maliit, kailangan nating i-appreciate yun or kailangan natin tingnan yun in a positive way. So hindi man ngayon magbabago pero in the latter, may pagbabago." - Dr. Patricia Ann D. Estrada.

Dr. Estrada emphasized in her talk that even small actions can have a significant impact on the community. Regardless of size, appreciating these actions is crucial, as they can lead to meaningful change. Oscar Wilde's words, "The smallest act of kindness is worth more than the grandest intention," beautifully encapsulate this idea. Dr. Estrada inspires us to recognize the potential for positive

change in simple acts of kindness, reminding everyone of their capacity to be a modern-day servant hero and contribute positively to the world.

This seminar inspires individuals to recognize their potential for positive change and contribute as modern-day and future-ready servant heroes, driven by excellence, values, and the transformative power of simple acts of kindness. The event was also conducted in celebration of the 123rd Philippine Civil Service Anniversary, under the theme: "Transforming Public Service in the Next Decade: Honing Agile and Future-Ready Servant Heroes."

The completed extension activity generally supports the Sustainable Development Goals (SDG), particularly SDG 4: Quality Education for all to gain knowledge and skills for sustainable development, encompassing education, sustainable lifestyles, human rights, gender equality, peace culture, global citizenship, and service to the people.



AB PSYCH ADMINISTERS GUIDANCE, PSYCHOLOGICAL TESTING PROGRAM IN OLPCS

• Ms. Mary Joy R. Facun and Ms. Carmela Jane Paragas | CASS

In a proactive move to support individuals navigating personal and academic growth, the AB Psychology Department at Tarlac State University-College of Arts and Social Sciences initiated a Guidance and Psychological Testing Program at Our Lady of Peace College Seminary (OLPCS) on October 14, 2023.

The psychological and socioemotional facets of formation are the main emphasis of the Guidance and Testing Program. By engaging in extensive and evolving forms of contact, interventions, programs, activities, testing, counseling, interviews, and referrals, the program actively accompanied students in navigating their paths of personal, social, academic, and vocational development. Its overarching objective is to furnish

pupils with practical self-awareness, empowering them to effectively handle life's myriad possibilities, challenges, and decisions.

On September 10, 2023, Dr. Editha Villavicencio led the TSU Psychology Department in conducting an orientation, outlining the plans for the Guidance Program and Psychological Testing for the seminarians. A needs assessment was administered to gauge the seminarians' requirements, forming the basis for the department's monthly homeroom guidance program provided by the guidance program provider. Additionally, seminarians showcased their talents in response to games and activities prepared by the department.

Furthermore, Dr. Editha Q. Villavicencio, Ms. Angela Christinne

V. Pangilinan, Ms. Jazmin Joy E. Dizon, Ms. Mary Joy R. Facun, and Ms. Maria Mei Fatima S. Terania will collectively provide comprehensive guidance and testing services, including psychological testing, assessment, and guidance, to assist individuals gain insights into their cognitive abilities, personality traits, and emotional well-being. The Department's objective is to comprehend their psychological profile and guide them in making informed

decisions while effectively addressing potential challenges.



PROJECT AYTALAKAD ING LAHI INKS MOA FOR LONG-TERM CULTURAL REVITALIZATION

• Mr. Christopher John L. Ravana | CASS



The Project Aytalakad Ing Lahi recently inked a Memorandum of Agreement (MOA) with benefactors at the College of Arts and Social Sciences' Theatre Room, Tarlac State University, on Friday, September 29, 2023.

Project Aytalakad, spearheaded by the College of Arts and Social Sciences, is a long-term initiative with the noble mission of rebuilding the community's cultural and linguistic heritage through education for future generations. It transcends traditional preservation by equipping teachers and community members to revitalize the indigenous language and culture while also encompassing outreach activities to improve overall community well-being through active involvement and promoting literacy in the native language.

The MOA signing event began with Dr. Aloysius T. Madriaga, dean of the College of Arts and Social Sciences, delivering an opening address via Zoom, emphasizing the partnership's significance in addressing shared concerns, fostering understanding, and collectively tackling challenges faced by the Aeta community. He also expressed profound gratitude to the benefactors for their unwavering support, making the project possible.

Dr. Francelle L. Calub, the overall project head, elucidated the project's origins and objectives. Leveraging her extensive experience with diverse Aeta Mag-anchi groups in Tarlac, she underscored the importance of community engagement. Dr. Calub presented the Problem Tree Analysis for

Project Aytalakad, the Gantt Chart, and the terms outlined in the Memorandum of Agreement to the benefactors.

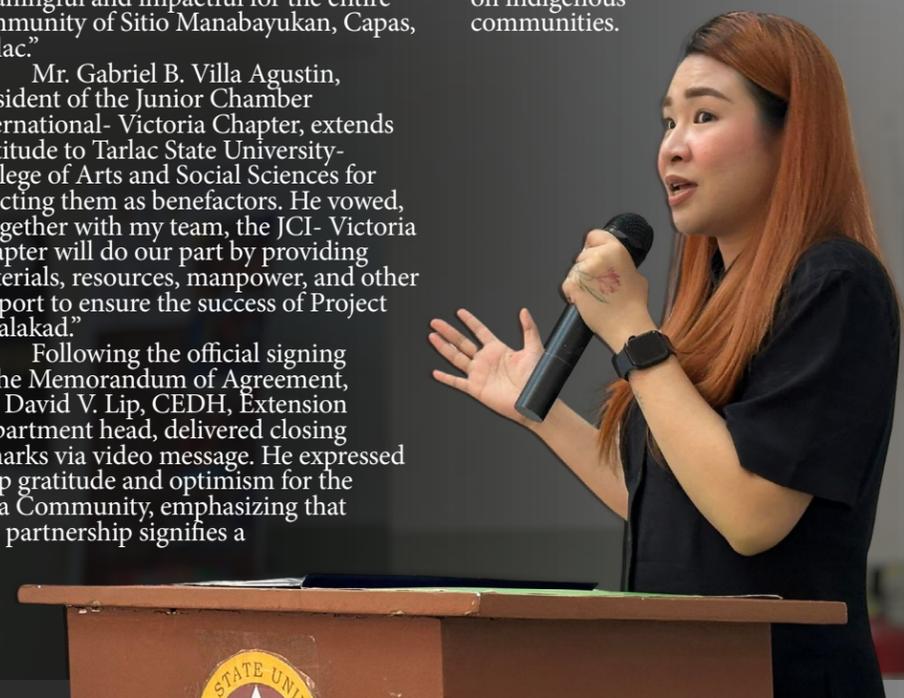
Representatives from the benefactors also shared their thoughts and commitment to the project. Mr. Rico Francis Argamino, chairperson of Alpha Kappa Rho-TSAA, also expressed wholehearted support and deep appreciation for being chosen as part of this initiative. He pledged, "We will give 101% full support to make this project meaningful and impactful for the entire community of Sitio Manabayukan, Capas, Tarlac."

Mr. Gabriel B. Villa Agustin, president of the Junior Chamber International- Victoria Chapter, extends gratitude to Tarlac State University-College of Arts and Social Sciences for selecting them as benefactors. He vowed, "Together with my team, the JCI- Victoria Chapter will do our part by providing materials, resources, manpower, and other support to ensure the success of Project Aytalakad."

Following the official signing of the Memorandum of Agreement, Mr. David V. Lip, CEDH, Extension Department head, delivered closing remarks via video message. He expressed deep gratitude and optimism for the Aeta Community, emphasizing that this partnership signifies a

collective commitment to bridge gaps between stakeholders and connect with indigenous people.

The MOA Signing event marks the beginning of a partnership and dedicated year for progress, emphasizing unwavering commitment to social transformation. It represents a significant step in preserving the cultural heritage of the Mag-Anchi community, showcasing the positive impact of collaboration on indigenous communities.





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